



2019/2020 ADJUSTMENT CHART

MANDATORY RELEASE VALUES					EXAMPLES FOR INITIAL INDICATOR VALUE (pre-setting), DEPENDING ON BOOT SOLE LENGTH [mm]							
SKIER'S PARAMETERS			INSPECTION PARAMETERS									
WEIGHT [lbs] [kg]	HEIGHT [ft' in'] [cm]	SKIER CODE	TWIST [Nm]	FWD LEAN [Nm]	≤230	231-250	251-270	271-290	291-310	311-330	331-350	≥351
			5*	18*								
22-29 10-13		A	8	29	0.75	0.75	0.75					
30-38 14-17		B	11	40	1.00	0.75	0.75	0.75				
39-47 18-21		C	14	52	1.50	1.25	1.25	1.00				
48-56 22-25		D	17	64	2.00	1.75	1.50	1.50	1.25			
57-66 26-30		E	20	75	2.50	2.25	2.00	1.75	1.50	1.50		
67-78 31-35		F	23	87	3.00	2.75	2.50	2.25	2.00	1.75	1.75	
79-91 36-41		G	27	102		3.50	3.00	2.75	2.50	2.25	2.00	
92-107 42-48	≤4'10" ≤148	H	31	120			3.50	3.00	3.00	2.75	2.50	
108-125 49-57	4'11"-5'1" 149-157	I	37	141			4.50	4.00	3.50	3.50	3.00	
126-147 58-66	5'2"-5'5" 158-166	J	43	165			5.50	5.00	4.50	4.00	3.50	3.00
148-174 67-78	5'6"-5'10" 167-178	K	50	194			6.50	6.00	5.50	5.00	4.50	4.00
175-209 79-94	5'11"-6'4" 179-194	L	58	229			7.50	7.00	6.50	6.00	5.50	5.00
≥210 ≥95	≥6'5" ≥195	M	67	271				8.50	8.00	7.00	6.50	6.00
		N	78	320				10.00	9.50	8.50	8.00	7.50
		O	91	380				11.50	11.00	10.00	9.50	9.00
		P	105	452						12.00	11.00	10.50
			121**	520**								
			137**	588**								
NOTE 1: For skiers 29 lbs and under, no further correction is appropriate. NOTE 2: For Skiers 38 lbs and under, Skier Type -I is inappropriate. * LOWEST TOLERANCE LIMIT ** HIGHEST TOLERANCE LIMIT			TORQUE RANGE newton meters 		The initial indicator values found in this table are only the starting point in the binding setting process. The initial values may need to be modified in order to achieve the correct measured release values.							